

TUESDAY 8TH SEPTEMBER 2026

Athlete Registration / Doors Open:

7:00 AM

SESSION 1

Event: 8:00 AM - 7:00 PM

(APPROX. TIMES ONLY)

Phase 1 Mini Elementary Individuals (9 Yrs.) - **FINAL**
Mini National Intermediate Individual - Female - **FINAL**
Phase 1 Mini Elementary Individuals (10 Yrs.) - **FINAL**
Mini National Advanced Individual - Female - **FINAL**
Mini National Individual – Male - **FINAL**
Phase 2 Mini Elementary Individuals - **FINAL**
Phase 1 Pre-Mini Elementary Individuals (8 Yrs.) - **FINAL**
Pre-Mini National Individual (Unisex) - **FINAL**
Phase 1 Pre-Mini Elementary Individuals (7 Yrs.) - **FINAL**
Phase 2 Pre-Mini Elementary Individuals - **FINAL**
Phase 1 X-Mini Elementary Individuals - **FINAL**
Phase 1 Pre-Mini Elementary Pairs - **FINAL**
Phase 1 Mini Elementary Pairs - **FINAL**
Phase 1 X-Mini Elementary Pairs - **FINAL**
Phase 2 Mini Elementary Pairs - **FINAL**
Pre-Mini/Mini National Pairs - **FINAL**
Phase 1 X-Mini Elementary Small Teams - **FINAL**
Phase 1 Pre-Mini Elementary Small Teams - **FINAL**
Phase 1 Mini Elementary Small Teams - **FINAL**
Phase 2 Mini Elementary Small Teams - **FINAL**
Pre-Mini/Mini National Sport Aerobic Teams - **FINAL**
Cadet National Grande Aerobic Teams - **FINAL**
Cadet National Petite Aerobic Teams - **FINAL**
Pre-Mini National Fitness Teams - **FINAL**
Mini National Fitness Teams - **FINAL**
PRESENTATIONS

SESSION 2

Event: 7:30 PM - 9:15 PM

(APPROX. TIMES ONLY)

Junior National Novice Individual - Female - **SEMI FINAL**
Junior National Intermediate Individual - Female - **SEMI FINAL**

Finalist announcement made online only. No presentations will follow this session.

Please use this schedule as a guide only.

*This schedule is not the finalised event program & is subject to change at any time - order written above may **not** be exact.*

WEDNESDAY 9TH SEPTEMBER 2026

Athlete Registration / Doors Open:

7:00 AM

SESSION 3

Event:

8:00 AM - 9:30 PM

(APPROX. TIMES ONLY)

Phase 2 Cadet Elementary Pairs - **FINAL**
Cadet National Pairs - **FINAL**
Phase 1 Cadet Elementary Pairs - **FINAL**
Phase 2 Cadet Elementary Small Teams - **FINAL**
Cadet National Sport Aerobics Teams - **FINAL**
Phase 1 Cadet Elementary Small Teams - **FINAL**
Cadet International Individual - Female - **SEMI FINAL**
Junior International Individual - Female - **SEMI FINAL**
Youth International Individual - Female - **SEMI FINAL**
Adult International Individual - Female - **SEMI FINAL**
Cadet International Individual - Male - **SEMI FINAL**
Junior International Individual - Male - **SEMI FINAL**
Youth International Individual - Male - **SEMI FINAL**
Adult International Individual - Male - **SEMI FINAL**
Master International Individual - Male - **SEMI FINAL**
Master International Individual - Female - **SEMI FINAL**
Phase 1 Cadet Elementary Individuals (11 Yrs.) - **FINAL**
Cadet National Novice Individual - Female - **FINAL**
Phase 1 Cadet Elementary Individuals (12 Yrs.) - **FINAL**
Boys Elementary (Under 12s) - **FINAL**
Boys Elementary (Over 13s) - **FINAL**
Junior National Novice - Female - **FINAL**
Junior National Intermediate - Female - **FINAL**
Cadet National Intermediate Individual - Female - **FINAL**
Phase 2 Cadet Elementary Individuals - **FINAL**
Cadet National Advanced Individual - Female - **FINAL**
Junior National Grande Aerobic Teams - **FINAL**
Junior National Petite Aerobic Teams - **FINAL**

PRESENTATIONS

International Stream Finalist announcement made online only.

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THURSDAY 10TH SEPTEMBER 2026

Athlete Registration / Doors Open:

7:00 AM

SESSION 4

Event:

8:00 AM - 9:30 PM

(APPROX. TIMES ONLY)

Phase 1 Youth Elementary Individuals - **FINAL**
Phase 2 Youth/Adult Elementary Individuals - **FINAL**
Phase 1 Junior Elementary Individuals (14 & 15 Yrs.) - **FINAL**
Phase 1 Junior Elementary Individuals (13 Yrs.) - **FINAL**
Phase 2 Junior Elementary Individuals - **FINAL**
Junior National Advanced - Female - **FINAL**
Cadet International Duo - **SEMI FINAL**
Junior International Duo - **SEMI FINAL**
Youth International Duo - **SEMI FINAL**
Adult International Duo - **SEMI FINAL**
Cadet International Trio - **SEMI FINAL**
Junior International Trio - **SEMI FINAL**
Youth International Trio - **SEMI FINAL**
Adult International Trio - **SEMI FINAL**
Master International Mixed Teams - **SEMI FINAL**
Youth National Novice Individual - Female - **SEMI FINAL**
Adult International Petite Aerobic Team - **SEMI FINAL**
Junior International Petite Aerobic Team - **SEMI FINAL**
Cadet International Petite Aerobic Team - **SEMI FINAL**
Cadet International Grande Aerobic Team - **SEMI FINAL**
Junior International Grande Aerobic Team - **SEMI FINAL**
Adult International Grande Aerobic Team - **SEMI FINAL**
Phase 1 Junior Elementary Small Teams - **FINAL**
Phase 2 Junior Elementary Small Teams - **FINAL**
Junior National Sport Aerobics Teams - **FINAL**
Phase 1 Youth Elementary Small Teams - **FINAL**
Phase 2 Youth/Adult Elementary Small Teams - **FINAL**
Phase 1 Junior Elementary Pairs - **FINAL**
Phase 2 Junior Elementary Pairs - **FINAL**
Junior National Pairs - **FINAL**
Phase 1 Youth Elementary Pairs - **FINAL**
Phase 2 Youth/Adult Elementary Pairs - **FINAL**

PRESENTATIONS

International Stream Finalist announcement made online only.

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FRIDAY 11TH SEPTEMBER 2026

Athlete Registration / Doors Open:

7:00 AM

SESSION 5

Event:

8:00 AM - 9:45 PM

(APPROX. TIMES ONLY)

Youth National Intermediate Individual - Female - **FINAL**

Youth National Advanced Individual - Female - **FINAL**

Youth National Individual - Male - **FINAL**

Youth National Novice Individual - Female - **FINAL**

Cadet International Duo - **FINAL**

Junior International Duo - **FINAL**

Youth International Duo - **FINAL**

Adult International Duo - **FINAL**

Youth National Pairs - **FINAL**

Adult National Pairs - **FINAL**

Master International Individual - Female - **FINAL**

Master International Individual - Male - **FINAL**

Cadet International Individual - Male - **FINAL**

Junior International Individual - Male - **FINAL**

Youth International Individual - Male - **FINAL**

Adult International Individual - Male - **FINAL**

Cadet International Individual - Female - **FINAL**

Junior International Individual - Female - **FINAL**

Youth International Individual - Female - **FINAL**

Adult International Individual - Female - **FINAL**

Youth National Sport Aerobics Teams - **FINAL**

Adult National Sport Aerobics Teams - **FINAL**

Cadet International Trio - **FINAL**

Junior International Trio - **FINAL**

Youth International Trio - **FINAL**

Adult International Trio - **FINAL**

Master International Mixed Teams - **FINAL**

Adult National Novice Individual - Female - **FINAL**

Adult National Intermediate Individual - Female - **FINAL**

Adult National Advanced Individual - Female - **FINAL**

Adult International Petite Aerobic Team - **FINAL**

Junior International Petite Aerobic Team - **FINAL**

Cadet International Petite Aerobic Team - **FINAL**

Cadet International Grande Aerobic Team - **FINAL**

Junior International Grande Aerobic Team - **FINAL**

Adult International Grande Aerobic Team - **FINAL**

Adult National Grande Aerobic Teams - **FINAL**

Adult National Petite Aerobic Teams - **FINAL**

PRESENTATIONS

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SATURDAY 12TH SEPTEMBER 2026

SESSION 6

Athlete Registration / Doors Open:

8:00 AM

Event:

8:45 AM - 12:00 PM

(APPROX. TIMES ONLY)

Primary Pre-Choreographed Teams Yr. 2 Phase 1 - **FINAL**

Primary Pre-Choreographed Teams Yr. 1 – Yr. 2 Phase 2 - **FINAL**

Primary Large Teams (Prep – Yr. 2) Phase 1 - **FINAL**

Primary Pre-Choreographed Teams Yr. 1 Phase 1 - **FINAL**

Primary Large Teams (Prep – Yr. 2) Phase 2 - **FINAL**

Primary Pre-Choreographed Teams Prep - **FINAL**

Primary Small Teams (Prep – Yr. 2) - **FINAL**

PRESENTATIONS

SESSION 7

Athlete Registration / Doors Open:

12:30 PM

Event:

1:15 PM - 9:30 PM

(APPROX. TIMES ONLY)

Secondary Pairs (Yr. 7 – 9) - **FINAL**

Secondary Pairs (Yr. 10 – 12) - **FINAL**

Secondary Large Teams (Yr. 7 – 9) Phase 1 - **FINAL**

Secondary Pre-Choreographed Teams Yr. 7 – 12 Phase 1 - **FINAL**

Secondary Pre-Choreographed Teams Yr. 7 Phase 1 - **FINAL**

Secondary Small Teams (Yr. 7 – 9) - **FINAL**

Secondary Small Teams (Yr. 10 – 12) - **FINAL**

Secondary Pre-Choreographed Teams Yr. 7 Phase 2 - **FINAL**

Secondary Advanced Teams (Yr. 10 – 12) - **FINAL**

Secondary Boys Teams - **FINAL**

Secondary Pre-Choreographed Teams Yr. 7 – 9 Phase 1 - **FINAL**

Secondary Large Teams (Yr. 7 – 12) Phase 1 - **FINAL**

Secondary Pre-Choreographed Teams Yr. 7 – 12 Phase 2 - **FINAL**

Secondary Large Teams (Yr. 10 – 12) Phase 2 - **FINAL**

Secondary Large Teams (Yr. 7 – 9) Phase 2 - **FINAL**

Secondary Pre-Choreographed Small Teams Yr. 7 – 12 - **FINAL**

Secondary Advanced Teams (Yr. 7 – 9) - **FINAL**

Secondary Fitness Teams - **FINAL**

PRESENTATIONS

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SUNDAY 13TH SEPTEMBER 2026

SESSION 8

Athlete Registration / Doors Open:

8:00 AM

Event:

8:45 AM - 1:00 PM

(APPROX. TIMES ONLY)

Primary Pre-Choreographed Teams Yr. 4 Phase 1 - **FINAL**

Primary Pre-Choreographed Small Teams - **FINAL**

Primary Large Teams (Yr. 3 – Yr. 4) Phase 1 - **FINAL**

Primary Pre-Choreographed Teams Yr. 3 Phase 1 - **FINAL**

Primary Large Teams (Yr. 3 – 4) Phase 2 - **FINAL**

Primary Pre-Choreographed Teams Yr. 3 – Yr. 4 Phase 2 - **FINAL**

Primary Advanced Teams (Yr. 3 – 4) - **FINAL**

Primary Pre-Choreographed Boys Teams (Under 12s) - **FINAL**

PRESENTATIONS

SESSION 9

Athlete Registration / Doors Open:

1:25 PM

Event:

2:10 PM - 7:15 PM

(APPROX. TIMES ONLY)

Primary Pairs - **FINAL**

Primary Small Teams (Yr. 3 – Yr. 6) - **FINAL**

Primary Pre-Choreographed Teams Yr. 6 Phase 1 - **FINAL**

Primary Large Teams (Yr. 5 – Yr. 6) Phase 1 - **FINAL**

Primary Pre-Choreographed Teams Yr. 5 – Yr. 6 Phase 2 - **FINAL**

Primary Large Teams (Yr. 5 – 6) Phase 2 - **FINAL**

Primary Pre-Choreographed Teams Yr. 5 Phase 1 - **FINAL**

Primary Advanced Teams (Yr. 5 – 6) - **FINAL**

Primary Boys Teams - **FINAL**

Primary Fitness Teams - **FINAL**

PRESENTATIONS