

TUESDAY 26TH AUGUST 2025

Athlete Registration / Doors Open: 9:15 AM

SESSION 1

Event: 10:00 AM - 7:00 PM (APPROX. TIMES ONLY)

Phase 1 X-Mini Elementary Individuals - FINAL Pre-Mini National Individual (Unisex) - FINAL

Phase 1 Pre-Mini Elementary Individuals (7 Yrs.) - FINAL Mini National Intermediate Individual - Female - FINAL Phase 1 Pre-Mini Elementary Individuals (8 Yrs.) - FINAL Phase 1 Mini Elementary Individuals (9 Yrs.) - FINAL Mini National Advanced Individual - Female - FINAL Phase 1 Mini Elementary Individuals (10 Yrs.) - FINAL

Phase 2 Mini Elementary Individuals - FINAL

Phase 1 Cadet Elementary Pairs - FINAL

Phase 2 Cadet Elementary Pairs - FINAL

Phase 1 Cadet Elementary Small Teams - FINAL Phase 2 Cadet Elementary Small Teams - FINAL

Cadet National Pairs - FINAL

Cadet National Sport Aerobics Teams - FINAL
Pre-Mini National Fitness Teams - FINAL
Mini National Fitness Teams - FINAL

Presentations

SESSION 2

Event: 7:00 PM - 8:30 PM (APPROX. TIMES ONLY)

Cadet National Intermediate Individual - Female - SEMI FINAL

Finalist announcement made online only. No presentations will follow this session.





WEDNESDAY 27TH AUGUST 2025

Athlete Registration / Doors Open: 7:00 AM

SESSION 3

Event: 7:45 AM - 7:00 PM (APPROX. TIMES ONLY)

Phase 1 X-Mini Elementary Pairs - FINAL
Phase 1 Pre-Mini Elementary Pairs - FINAL
Phase 1 Mini Elementary Pairs - FINAL

Mini National Pairs - FINAL

Phase 2 Mini Elementary Pairs - FINAL

Phase 1 Pre-Mini Elementary Small Teams - FINAL

Phase 1 Mini Elementary Small Teams - FINAL

Mini National Sport Aerobics Teams - FINAL

Phase 2 Mini Elementary Small Teams - FINAL

Cadet National Petite Aerobic Teams - FINAL

Junior National Petite Aerobic Teams - FINAL

Cadet National Grande Aerobic Teams - FINAL

Junior National Grande Aerobic Teams - FINAL

Phase 1 Cadet Elementary Individuals (11 Yrs.) - FINAL

Phase 2 Cadet Elementary Individuals - FINAL

Phase 1 Cadet Elementary Individuals (12 Yrs.) - FINAL Cadet National Advanced Individual - Female - FINAL

Cadet National Individual - Male - FINAL

Cadet National Intermediate Individual - Female - FINAL

Phase 1 Junior Elementary Individuals (13 Yrs.) - FINAL

Phase 1 Junior Elementary Individuals (14 & 15 Yrs.) - FINAL

Phase 2 Junior Elementary Individuals - FINAL

Junior National Advanced - Female - FINAL

Junior National Individual - Male - FINAL

Presentations

SESSION 4

Event: 7:00 PM - 9:00 PM (APPROX. TIMES ONLY)

Junior National Novice Individual - Female - SEMI FINAL

Junior National Intermediate Individual - Female - SEMI FINAL

Finalist announcement made online only. No presentations will follow this session.





THURSDAY 28TH AUGUST 2025

Athlete Registration / Doors Open: 7:00 AM

SESSION 5

Event: 7:45 AM - 12:30 PM (APPROX. TIMES ONLY)

Phase 1 Junior Elementary Pairs - FINAL Phase 2 Junior Elementary Pairs - FINAL

Junior National Pairs - FINAL

Phase 1 Junior Elementary Small Teams - FINAL
Phase 2 Junior Elementary Small Teams - FINAL
Junior National Sport Aerobics Teams - FINAL
Junior National Novice Individual - Female - FINAL
Junior National Intermediate Individual - Female - FINAL

Presentations

SESSION 6

Event: 12:30 PM - 9:00 PM (APPROX. TIMES ONLY)

Junior International Step Team - SEMI FINAL

Junior International Grande Aerobic Team - SEMI FINAL

Adult International Grande Aerobic Team - SEMI FINAL

Master International Mixed Teams - SEMI FINAL

Master International Individual - Male - SEMI FINAL

Cadet International Individual - Female - SEMI FINAL

Junior International Individual - Female - SEMI FINAL

Junior International Individual - Male - SEMI FINAL

Youth International Individual - Female - SEMI FINAL

Adult International Individual - Female - SEMI FINAL

Adult International Individual - Male - SEMI FINAL

Cadet International Duo - SEMI FINAL

Junior International Duo - SEMI FINAL

Youth International Duo - SEMI FINAL

Adult International Duo - SEMI FINAL

Adult International Trio - SEMI FINAL

Youth International Trio - SEMI FINAL

Junior International Trio - SEMI FINAL

Cadet International Petite Aerobic Team - SEMI FINAL

Junior International Petite Aerobic Team - SEMI FINAL

Adult International Petite Aerobic Team - SEMI FINAL

Youth National Advanced Individual - Female - SEMI FINAL

Adult National Intermediate Individual - Female - SEMI FINAL

Adult National Advanced Individual - Female - SEMI FINAL

Finalist announcement made online only. No presentations will follow this session.





FRIDAY 29TH AUGUST 2025

SESSION 7

Athlete Registration / Doors Open: 7:00 AM

Event: 8:00 AM - 9:00 PM

(APPROX. TIMES ONLY)

Phase 1 Youth Elementary Individuals - FINAL

Phase 2 Youth/Adult Elementary Individuals - FINAL

Youth National Novice Individual - Female - FINAL

Youth National Intermediate Individual - Female - FINAL

Adult National Novice Individual - Female - FINAL

Adult National Individual - Male - FINAL

Phase 1 Youth Elementary Pairs - FINAL

Phase 2 Youth/Adult Elementary Pairs - FINAL

Youth National Pairs - FINAL

Adult National Pairs - FINAL

Phase 1 Youth Elementary Small Teams - FINAL

Phase 2 Youth/Adult Elementary Small Teams - FINAL

Youth National Sport Aerobics Teams - FINAL

Adult National Sport Aerobics Teams - FINAL

Cadet International Individual - Female - FINAL

Junior International Individual - Female - FINAL

Junior International Individual - Male - FINAL

Youth National Advanced Individual - Female - FINAL

Youth International Individual - Female - FINAL

Adult National Intermediate Individual - Female - FINAL

Adult National Advanced Individual - Female - FINAL

Adult International Individual - Female - FINAL

Adult International Individual - Male - FINAL

Master International Individual - Male - FINAL

Cadet International Duo - FINAL

Junior International Duo - FINAL

Youth International Duo - FINAL

Adult International Duo - FINAL

Junior International Trio - FINAL

Youth International Trio - FINAL

Adult International Trio - FINAL

Master International Mixed Teams - FINAL

Junior International Step Team - FINAL

Junior International Grande Aerobic Team - FINAL

Adult International Grande Aerobic Team - FINAL

Adult National Grande Aerobic Teams - FINAL

Adult National Petite Aerobic Teams - FINAL

Cadet International Petite Aerobic Team - FINAL

Junior International Petite Aerobic Team - FINAL

Adult International Petite Aerobic Team - FINAL

Presentations





SATURDAY 30TH AUGUST 2025

SESSION 8

Athlete Registration / Doors Open: 7:00 AM

Event: 8:00 AM - 11:00 AM

(APPROX. TIMES ONLY)

Primary Small Teams (Prep - Yr. 2) - FINAL

Primary Pre-Choreographed Teams Yr. 1 – Yr. 2 Phase 2 - FINAL

Primary Large Teams (Prep - Yr. 2) Phase 2 - FINAL

Primary Pre-Choreographed Teams Yr. 1 – Yr. 2 Phase 1 - FINAL

Primary Large Teams (Prep – Yr. 2) Phase 1 - FINAL

Primary Pre-Choreographed Teams Prep - FINAL

Primary Pre-Choreographed Teams Yr. 1 - FINAL

Presentations

SESSION 9

Athlete Registration / Doors Open: 11:30 AM

Event: 12:15 PM - 4:15 PM

(APPROX. TIMES ONLY)

Primary Pairs - FINAL

Primary Pre-Choreographed Teams Yr. 3 – Yr. 4 Phase 2 - FINAL

Primary Large Teams (Yr. 3 – 4) Phase 2 - FINAL

Primary Pre-Choreographed Teams Yr. 4 Phase 1 - FINAL

Primary Large Teams (Yr. 3 – Yr. 4) Phase 1 - FINAL

Primary Pre-Choreographed Teams Yr. 3 Phase 1 - FINAL

Primary Advanced Teams (Yr. 3 – 4) - FINAL

Primary Boys Teams - FINAL

Presentations

SESSION 10

Athlete Registration / Doors Open: 4:45 PM

Event: 5:30 PM - 9:30 PM

(APPROX. TIMES ONLY)

Primary Small Teams (Yr. 3 - Yr. 6) - FINAL

Primary Pre-Choreographed Teams Yr. 6 Phase 1 - FINAL

Primary Advanced Teams (Yr. 5 – 6) - FINAL

Primary Pre-Choreographed Teams Yr. 5 – Yr. 6 Phase 2 - FINAL

Primary Pre-Choreographed Small Teams - FINAL

Primary Large Teams (Yr. 5 – 6) Phase 2 - FINAL

Primary Large Teams (Yr. 5 - Yr. 6) Phase 1 - FINAL

Primary Pre-Choreographed Teams Yr. 5 Phase 1 - FINAL

Primary Fitness Teams - FINAL

Presentations





SUNDAY 31ST AUGUST 2025

SESSION 11

Athlete Registration / Doors Open: 8:45 AM

Event: 9:30 AM - 6:00 PM

(APPROX. TIMES ONLY)

Secondary Individuals - FINAL

Secondary Pairs (Yr. 7 – 9) - FINAL

Secondary Pairs (Yr. 10 - 12) - FINAL

Secondary Small Teams (Yr. 7 - 9) - FINAL

Secondary Small Teams (Yr. 10 - 12) - FINAL

Secondary Pre-Choreographed Teams Yr. 7 Phase 1 - FINAL

Secondary Pre-Choreographed Teams Yr. 7 – 9 Phase 1 - FINAL

Secondary Large Teams (Yr. 7 - 9) Phase 1 - FINAL

Secondary Large Teams (Yr. 7 – 12) Phase 1 - FINAL

Secondary Large Teams (Yr. 7 – 9) Phase 2 - FINAL

Secondary Large Teams (Yr. 10 - 12) Phase 2 - FINAL

Secondary Pre-Choreographed Teams Yr. 7 – 12 Phase 2 - FINAL

Secondary Pre-Choreographed Teams Yr. 7 – 12 Phase 1 - FINAL

Secondary Pre-Choreographed Small Teams Yr. 7 – 12 - FINAL

Secondary Advanced Teams (Yr. 7 – 9) - FINAL

Secondary Advanced Teams (Yr. 10 - 12) - FINAL

Secondary Fitness Teams - FINAL

Secondary Boys Teams - FINAL

Presentations

