

FISAF AUSTRALIA

QUARTERLY

ISSUE 3, 2025

WELCOME

Winter is here, and the competition season is in full swing!

It's been fantastic to witness the energy, talent, and sportsmanship on display at our Super Series and State Championship events across the country. Athletes, coaches, families, and supporters have all contributed to an inspiring season so far, and we thank you for being part of it.

With just the Queensland Club States event left to go — taking place in under two weeks — we're gearing up for one last exciting qualifier before Nationals. We're also looking forward to the Future Champions Cup, an event that celebrates participation, growth, and the fun of competition. It's a great opportunity for newer athletes and teams to experience the thrill of performing in a supportive environment.

In this issue, we'll be sharing snapshots and results from competitions held to date, updates from our Wellbeing Working Group and judging community, and important information about what's coming up next on the FISAF Australia calendar.

Please enjoy!



SUPER SERIES

EVENTS SNAPSHOT

Super Series events are always a season highlight, filled with energy and anticipation as athletes debut their new routines on stage. It's also an exciting time for our judges, who dedicate themselves to delivering thoughtful and constructive feedback to support each athlete's growth.

In 2025, we held six Super Series events across South Australia, Victoria, New South Wales, and Queensland—each one the largest in its history.

Below, you'll find a snapshot of the series by the numbers, along with some special moments we captured along the way.

6
EVENTS
2178
PERFORMANCES
5365
MEDALS



STATE CHAMPIONSHIPS

ALL-BUT-ONE EVENT COMPLETE!

With four State Championship events now complete, we're excited to turn our attention to the upcoming Queensland Club State Championships, taking place later this month in South Brisbane.

The standard of performances across all states has been outstanding, and our judges have been thoroughly impressed. Congratulations to everyone who has competed so far—and a special shoutout to those who have qualified for Nationals. What a fantastic achievement!

As our sport continues to grow, Wildcard entries provide a valuable (though limited) opportunity for additional athletes to participate at Nationals. This year, Wildcard offers will be released in three rounds throughout July. With increasing competition, the selection process is becoming more selective. Wildcard notifications are sent directly to coaches, so if you have questions about the process or your eligibility, please speak with your coach.

Best of luck to all Queensland athletes competing from Friday 18 to Sunday 20 July—we can't wait to see you on the stage!

5
EVENTS
1625
PERFORMANCES
4350
MEDALS



OFFICIALS UPDATE

It has been a busy few months for our officials at FISAF Australia, with back-to-back events and a packed calendar across the country.

Our full team of judges have been hard at work each week, covering Super Series and State Championships. We have seen our new Head Judges step confidently into their roles, running panels with professionalism and focus, supported by our experienced Head Judges who have been incredible mentors throughout the season.

We are also excited to welcome four new shadow judges into the fold. They have been training behind the scenes, gaining hands-on experience, and are ready to join the judging panels at upcoming FCC events and beyond.

Meanwhile, the Executive Committee has been meeting regularly to review policies, address feedback, and plan for next years rules and guidelines review. We are focused on improving clarity, consistency, and fairness across all judging processes. Your input is helping shape what's next, and we are listening.

Thank you to all our officials for your hard work, commitment, and passion. There is still more to come this season, and we are proud to have such a strong team moving the sport forward.

INTERNATIONAL NEWS

FISAF International have released their latest newsletter to provide information on their upcoming events and education initiatives. You can read the newsletter [HERE](#).

You can check out FISAF International's website [HERE](#).



WELLBEING UPDATE

FISAF
AUSTRALIA
SPORT AEROBICS

2025

Wellbeing Working Group

Working together to enrich the wellbeing of our community.

A note from group leader, Breanna Beveridge:

As a member of the newly established FISAF Wellbeing Working Group, I'm excited to share a quick update on what we've been working on behind the scenes.

Our group was formed to help promote and prioritise mental health and wellbeing across the FISAF Australia community. We believe that true success in our sport comes not just from physical performance, but from fostering a supportive and balanced environment for athletes, coaches, and clubs.

We're currently working closely with Pei Kong to develop and distribute a wellbeing survey that will be sent out to the FISAF community very soon. This survey will help us gain a deeper understanding of the needs and experiences of our athletes and coaches, so we can take meaningful steps towards positive change.

We're also looking forward to implementing some wellbeing-focused initiatives at this year's Nationals competition, with the aim of creating a more supportive and inclusive event experience for everyone involved.

We're incredibly passionate about making wellbeing a core part of our sport's culture, and we look forward to sharing more updates with you as this work continues to grow.

NEW!

WELLBEING RESOURCES

FISAF Australia has added a new page to its website for the purpose of enhancing the wellbeing of everyone in the FISAF Australia community.

Please familiarise yourself with this useful information here:

www.fisafaustalia.com.au/documents/member-well-being/

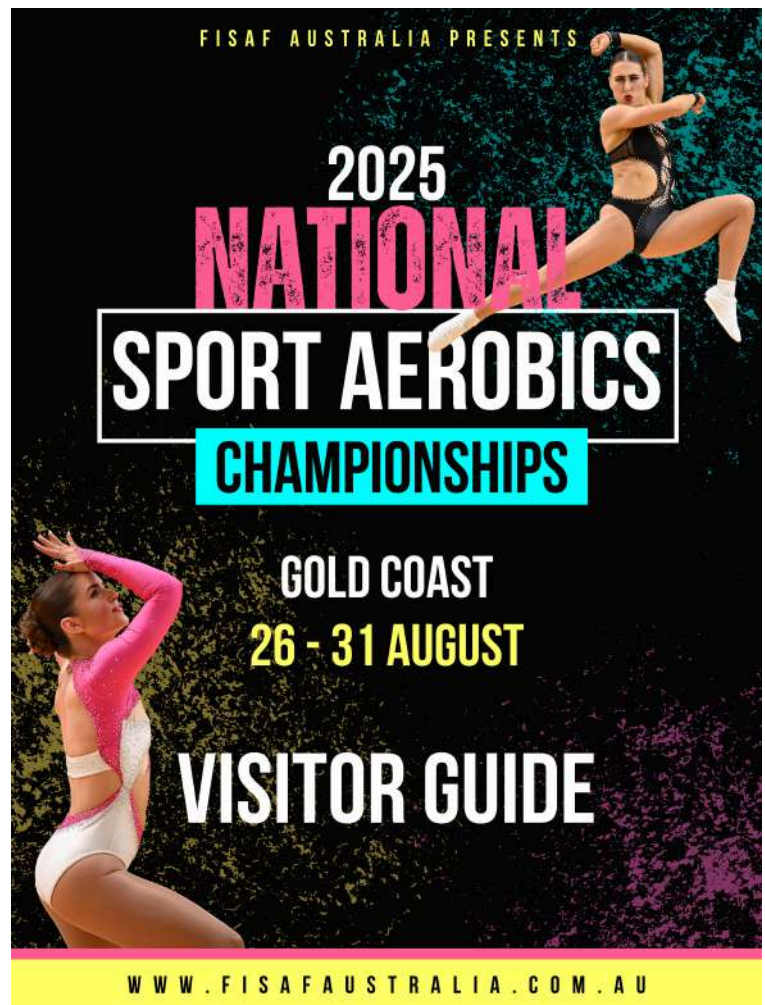
NATIONALS

Nationals is getting closer and we can't wait to once again host this amazing event on the Gold Coast at the end of August!

If you are travelling to Nationals, be sure to check out our 2025 Visitor Guide which has accommodation discounts, discounted tickets to epic theme parks Dreamworld & White WaterWorld, and other information to help you plan your trip.

You can find the guide here - www.fisafaustralia.com.au/events/spectator-information

... or simply scan the QR code below.



★ NATIONALS SCHEDULE ★

It is with much excitement that we announce the daily schedule for Nationals!

Please note: the order of categories scheduled each day may change, however the day they are scheduled for will not.

[CLICK HERE TO VIEW THE SCHEDULE](#)



*Haven't been to
FISAF Nationals before?
Check out the fun from last year here*



WORLD CHAMPIONSHIPS

FISAF International presents.

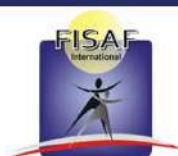


WORLD CHAMPIONSHIPS 2025

Sport Aerobics & Fitness
21 - 23 OCTOBER

Sports Hall Kralovka
Prague - Czech Republic

www.fisafinternational.com



NÁRODNÍ
SPORTOVNÍ
AGENTURA



SPOTLIGHT

PIP MAINWARING

CO-OWNER & DIRECTOR OF SCHOOL PROGRAMS - INDUSTRIE | SPORT AEROBICS
EXECUTIVE COMMITTEE MEMBER - FISAF AUSTRALIA

Pip started dancing at the age of 7 in Melbourne, her training being mainly in jazz, tap and ballet. Her dancing continued when she moved to QLD and joined 'The Young Australian Talent Company' under principal Trevor Green.

In 1994 she completed her gymnastics coaching qualifications and started coaching at the QLD State training centre. During university Pip coached many gymnastics teams as well as began coaching sport aerobics at Ormiston College.

After finishing a Bachelor of Education in 2000 (specialising in Physical Education) Pip opened 'Club PJS' at Cleveland which after 10 years was renamed 'Industrie 1,' and relocated to a new studio space in Capalaba. Another 15 years on and Industrie 1 Sport Aerobics has grown bigger than ever. Pip's current role as the Director of School Programs has enabled her to get back to her true passion, which is working at the grass roots levels in our schools.

Pip is a FISAF Australia School Development Representative, and has been instrumental in the development and growth of the FISAF Australia School Stream. She has also served as a member of the FISAF Australia Executive Committee for several years, contributing her expertise to high-level decisions that shape the direction of sport aerobics in the country.



Beyond her professional achievements, Pip's passion for sport aerobics extends to her family. Her three daughters share her love for the sport, reflecting the positive impact of her dedication and involvement in the community.

FISAF Australia sincerely thanks Pip Mainwaring for her outstanding contributions to the sport aerobics community. We are grateful for Pip's unwavering commitment and passion, which continue to inspire athletes, coaches, and the broader community.

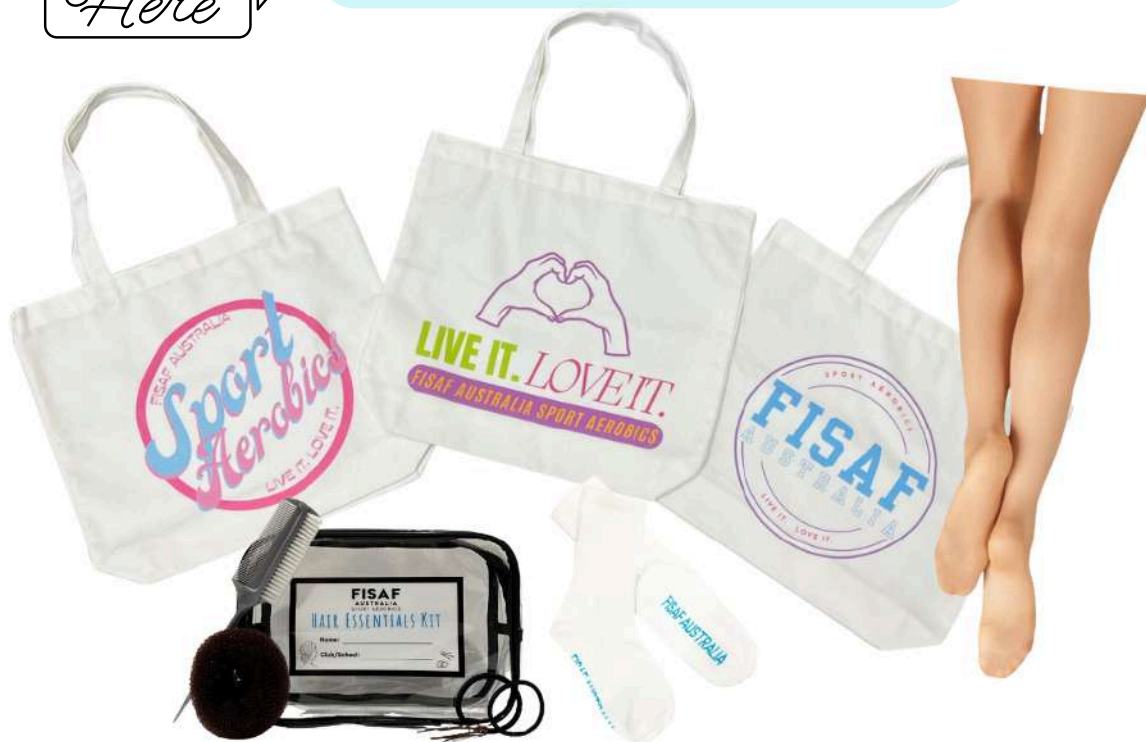


FISAF MERCHANDISE

Need to top up your accessories?



www.fisafaustralia.com.au/shop



FISAF TOTE BAG

3 fun designs to choose from:
Retro, Love and Classic

\$20 each

FISAF HAIR ESSENTIALS KIT

Enough for at least 5 competitions!

Each kit contains:

- 90 pins (bobby + small bun + large bun)
- Hair donut (small / large)
- 5 bun nets
- Performers styling comb
- 10 hair elastics (thin + thick)
- Durable FISAF cosmetic bag

\$25 per kit

CAPEZIO TIGHTS

All Child & Adult Sizes

Footed & Ultra-shimmery - Suntan colour

\$22 each

FISAF CREW SOCKS

3-pairs

Excellent quality

Child & Adult Sizes

Easy to identify in the wash!

\$13.50 - 3 pack

Save over \$10 with our
Ready Set Shine Bundle
Only \$70!

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[@fisafaustalia2161](https://www.youtube.com/@fisafaustalia2161)

The poster for the FISAF Australia 2026 Members Conference is designed to look like a film strip. It features several photos of people at the conference, including a group of women posing together, a woman holding a sign, and a large group of people in a conference hall. The text on the poster includes 'FISAF AUSTRALIA PRESENTS', 'MEMBERS CONFERENCE', '2026' in large green numbers, 'MELBOURNE', '21-22 FEBRUARY', 'SAVE THE DATE!' in large blue letters, and 'FURTHER DETAILS TO BE RELEASED LATER THIS YEAR' at the bottom.

FISAF AUSTRALIA PRESENTS

MEMBERS CONFERENCE

2026

MELBOURNE

21-22 FEBRUARY

SAVE THE DATE!

FURTHER DETAILS TO BE RELEASED LATER THIS YEAR