

FISAF AUSTRALIA

QUARTERLY

ISSUE 1, 2025

WELCOME

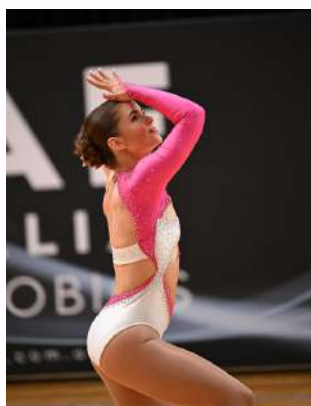
Hello FISAF Australia Community,

Happy New Year! We hope you had a chance to relax and enjoy the festive season with family and friends.

2025 is set to be another exciting year for sport aerobics, and we can't wait to see you all at the upcoming competitions! In this issue, you'll find all the key information for the season ahead, including important dates and deadlines to keep in mind as you gear up for an incredible year.

We're wishing everyone the best of luck as training kicks off and the season gets into full swing!

Warm regards,
The FISAF Australia Team



2025 INFORMATION

FULL EVENT CALENDAR

Australian Events: 2025 competition locations and dates can be found [here](#).

Pacific International Open: Wellington, NZ on 7-8 June.

World Championships: Prague, Czech Republic on 21 - 23 October.



INFORMATION FOR ATHLETES & COACHES

We are pleased to release updated versions of all of our rules, regulations, prices, forms, and guidelines.

Coaches, parents/carers and athletes can access these [here](#).

REGISTRATIONS

Club and school registrations - **open now** - to register click these links [Clubs](#) ; [Schools](#)

Individual registrations - **open now** - to register, please click this link [Individuals](#)

Club parents/athletes, please remember that your club must complete their registration in order for you to select the club in the dropdown list on the registration form. If you can't see your club in the list, please contact your coach.

ARE YOU INTERESTED IN BECOMING A JUDGE?

We always welcome interest from members of our community who are interested in becoming a FISAF judge. If you would like more information, please email Tracey at officials@fisafaustalia.com.au.

All potential judges must be endorsed by a registered club of FISAF Australia.



COMMITTEES

Each year, our Executive Committee dedicates time to review nominations for the FISAF Australia Technical Committee. The committee is made up of members from each state where competitions are held, in addition to our Head Judges. Both the Executive and Technical Committees are led by Tracey Speville, who is the FISAF Australia Officials & Committees Manager.

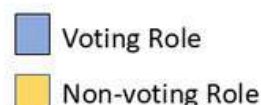
We were excited to receive nominations from individuals who have not previously been on the committee. Their involvement brings new perspectives and ideas, which are essential as the sport continues to grow and evolve. We want to express our gratitude to everyone who nominated. Your willingness to invest your time and energy into the sport is appreciated.

2025 Executive Committee

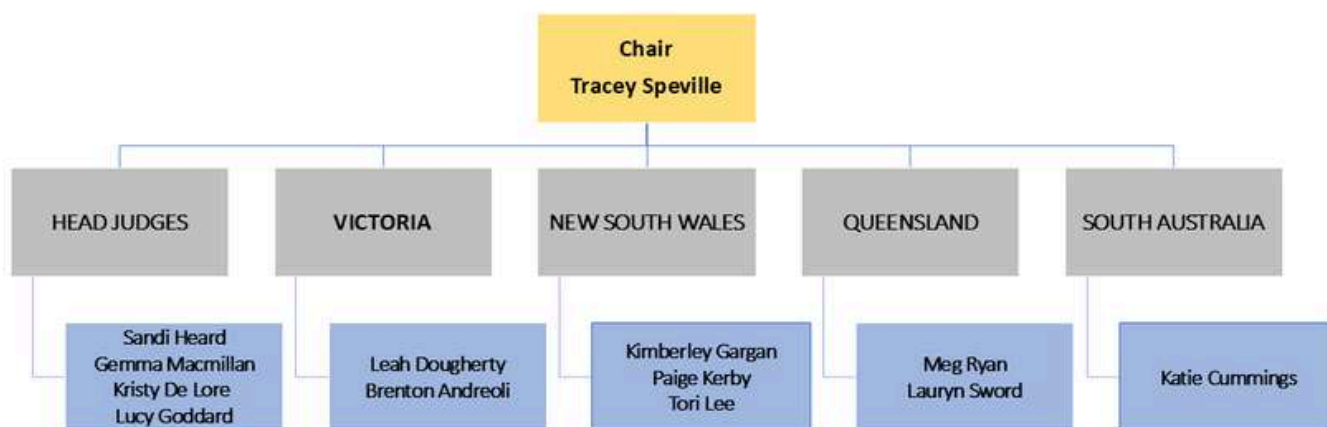


Roles & Responsibilities:

- Consultation and approval of Requests to Compete submissions
- Review and approve rule changes submitted by the Technical Committee
- Selection of Technical Committee members
- Discussion of future strategic plans and projects
- Point of communication and collaboration with FISAF International
- Grievances and dispute resolution.

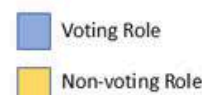


2025 Technical Committee



Roles & Responsibilities:

- Approval of Requests to Compete submissions
- Review potential stream and category changes, and put suggestions to the Executive Committee for approval
- Provide input to Executive Committee discussions when required
- Provide advice on other competition-related matters that arise throughout the season.



INAUGURAL FISAF AUSTRALIA CONFERENCE

REGISTRATIONS
CLOSE 13 FEB!!

Mercure Sydney

22-23 February 2025

TOPICS COVERED

Active learning

- Specialised strength & conditioning for aerobics
- Complex/creative transitioning
- Advanced skill progressions
- Injury prevention & recovery

Mental Health

- Goal setting & holistic approach
- Performance anxiety & social media
- Body image & fueling for sport

Advancing your coaching

- Transitions & enhancing choreography
- Teaching & developing skills (beginner and advanced)
- FRF and routine structure

Club/program Development

- Tips & strategies for club owners
- Q & A with judges
- Open forum with FISAF Australia Executive Committee

Register here
Attendees must be 18+



For more information email:
natalie@fisafaustalia.com.au

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FISAF Australia Official Feedback Program

In 2025 it will be possible for clubs to receive additional feedback from a member of the FISAF Australia judging panel for International & National Stream athletes.

You can choose from either on-line feedback or in-person feedback, in addition to participation at Super Series Events.

ON-LINE

Written feedback will be provided based off videos sent in for review.

IN-PERSON

1 - on - 1 feedback will be given either in person or via a live zoom when there is not a judge available to attend.



FEES:

<u>On-line written Feedback</u> (per routine)	\$50.00
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<u>In-person</u> Per hour (Max 2 routines per hour)	\$125.00
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*Travel costs may also apply.

Email officials@fisafaaustralia.com.au for more information & to receive a booking form.

• To be eligible for feedback you must compete in Super Series events

GENERAL INFORMATION

CONTACT INFORMATION

As a point of contact the following email addresses are available for you to contact in regard to specific questions you may have.

- *Competition entries, event and membership questions:* admin@fisafaustalia.com.au
- *Sport Development, Sponsorship and Marketing enquiries:* natalie@fisafaustalia.com.au
- *Judging & Technical Committee enquiries:* officials@fisafaustalia.com.au
- Australian team enquiries: worlds@fisafaustalia.com.au
- FRF skill form submissions: frf@fisafaustalia.com.au

2025 OFFICIAL FISAF AUSTRALIA PARTNERS

We are very proud to, once again, partner with two incredible companies who offer FISAF members a special discount for online orders. The quality of their products is exceptional, and their service is top notch. Contact us to get the exclusive code to get your discount today!

OBSESSED
GYMWEAR

HART
SPORT
PLAY ON

GOOD LUCK!

From our team to yours, we wish you a fun and energetic start to the 2025 season. Keep training hard, and have lots of fun along the way.

It's going to be another amazing season for FISAF Sport Aerobics!

