

FISAF AUSTRALIA QUARTERLY

ISSUE 3, 2023

WELCOME

As we come to a close on what's been an incredible season of sport aerobics, we want to congratulate everyone who has been involved this year.

This is the first year that we have held a whopping 14 competitions in Australia, including the very first Pacific International Open where we welcomed a number of athletes from New Zealand.

In this issue, you'll find an overview of the National & World Championship events and information for the upcoming 2024 season - including links to the event calendar, and other documentation.

Please enjoy,
- The FISAF Australia Team



2023 NATIONALS

This year was the first time that we hosted Nationals at the Gold Coast Sport & Leisure Centre and it was a hit! There was ample room for athletes, spectators and those warming up to go on stage, and the feedback we received was fantastic. We are pleased to be hosting the event at the same venue next year.

Across 4 days we witnessed so many incredible performances, and genuinely loved seeing so many happy athletes having a great time.

A big thank you to everyone who attended the event. Running such a large event takes a lot of planning, and we appreciate the effort that everyone contributed to make it a special time of the year for so many people in our community.

To check out all of the fun photos we captured across each of the events, head to our Instagram page - [here](#).

Across the event ...

- 2242** Athletes
- 917** Performances
- 17** Judges
- 59** Schools
- 28** Clubs
- 5237** Spectators



2023

NATIONAL
★ **SPORT AEROBICS** ★
CHAMPIONSHIPS

2023 WORLDS

From the start of the year it was clear to the Australian Team Selection Committee that we were going to have a strong representation at the 2023 World Championships. The standard started high at Super Series and continued all the way to the World Championships culminating in 4 world titles and a number of podium finishes.

We started the official journey to Worlds with the Team Australia Training Camp which was a huge success. This was a fantastic opportunity for athletes and coaches on the team to speak and work directly with our judges who provided feedback and workshop ideas. Additionally, the team spent time working closely with some of our top presenters on skills, transitions and routine work. We all had a great day together and it was the perfect way to start our team bonding adventure.

This year Team Australia consisted of 73 athletes, 9 coaches, 4 judges (Kristy DeLore, Gemma MacMillan, Sandi Heard, Lucy Goddard) and myself as Team Manager & Coach . It was fantastic to also have 66 dedicated supporters travel all the way to the competition. Wednesday 25th October kicked the event off, starting with the official team meeting. The primary purpose of the meeting is to be informational, however it also included some fun team bonding games, and inspirational messages delivered by Team Captains, Tori Lee and Georgia Gates.

Early on Thursday October 26th we met at the competition venue in Ghent to begin floor testing. For the next 3 days of the competition, we had the most supportive team we have witnessed in many years. Every Aussie routine guaranteed a stadium full of support on all sides of the stage and in the audience. It was amazing to see, and we received a lot of comments on this incredible display from judges, worlds officials and other country representatives. We are so proud of the team camaraderie and support you showed each other, and all the other athletes from other countries at the event.

We are equally as proud on an individual level, of everyone who competed. To those of you who were able to move up rankings between rounds, to showing their absolute best routines in the finals - what a great feat - well done!

Congratulations Team Australia - you did us proud. Aussie, Aussie, Aussie, Oi Oi Oi!

- Tracey Speville; Team Australia Manager & Coach



2023 WORLDS



2023 WORLDS

TEAM AUSTRALIA FINALS RESULTS

CADET

Ben Ellis - Cadet Men - 2nd Place
Paris Findlay - Cadet Women - 7th Place
Elsie Barr - Cadet Women - 8th Place

JUNIOR

Katie Mckeague - Junior Women - 7th Place
Caliente - Junior Trio - 6th Place
Deton8 - Junior Trio - 7th Place
Action Carnivale - Junior Petite - 7th Place
Smooth Criminals - Junior Petite - 8th Place

YOUTH

Loui Mouchaileh - Youth Men - 1st Place
Caelin McKinney - Youth Men - 2nd Place
Baylee Caruso - Youth Women - 8th Place
Bella & Loui - Youth Duo - 1st Place
Maddison & Sian - Youth Duo - 8th Place
Life - Youth Trio - 4th Place

ADULT

Jack Maillard - Adult Men - 1st Place
Victoria Lee - Adult Women - 2nd Place
Stephanie Cage - Adult Women - 3rd Place
Jessica & Paris - Adult Duo - 7th Place
Purrrfection - Adult Trio - 6th Place
Vendetta - Adult Trio - 7th Place
Shake - Adult Petite - 1st Place
Absolute Chaos - Adult Petite - 3rd Place
Allusion - Adult Petite - 7th Place
Amp'd - Adult Grande - 3rd Place

MASTERS

Caitlin Shipsides - Master Women - 2nd Place
Jillian Hugo - Master Women - 4th Place
Kelly Middleton - Master Women - 6th Place
Jenny Beveridge - Master Women - 7th Place



LATEST NEWS

2024 PACKAGES ARE NOW AVAILABLE!

In 2024, we will have the largest number of pre-choreographed routines than ever before! Please see the full list of packages available for purchase below.

SCHOOL STREAM

PRIMARY ROUTINES

Prep - Yr. 1
Yr. 1 - Yr. 2 Phase 1
Yr. 1 - Yr. 2 Phase 2
Yr. 3 - Yr. 4 (Phase 1)
Yr. 3 - Yr. 4 (Phase 2)
Yr. 5 - Yr. 6 (Phase 1)
Yr. 5 - Yr. 6 (Phase 2)

SECONDARY ROUTINES

Secondary Yr. 7 (Phase 1)
Secondary Yr. 7 - 12 (Phase 1)
Secondary Yr. 7 - 12 (Phase 2)

ELEMENTARY STREAM

PHASE 1

X-Mini
Pre-Mini
Mini Individuals
Mini Pairs & Small Teams
Cadet Individuals
Cadet Pairs & Small Teams
Junior Individuals
Junior Pairs & Small Teams
Youth / Adult

PHASE 2

Mini Individuals
Mini Pairs & Small Teams
Cadet Individuals
Cadet Pairs & Small Teams
Junior Individuals
Junior Pairs & Small Teams
Youth / Adult

ORDER NOW



2024 EVENT CALENDAR & DOCUMENTATION

It is with a lot of excitement that we also recently released our 2024 Event Calendar, and all other documentation for the 2024 season. The links below will take you to this information.

Please remember, Event Information is released a few weeks before each event, so please keep an eye out for updates on our Facebook page, and website.

If you have any questions throughout the season, please contact your coaches as they receive the most up-to-date information as it becomes available!

[EVENT CALENDAR](#)

[DOCUMENTATION](#)

LATEST NEWS

2024 PACIFIC INTERNATIONAL OPEN

We are so excited to advise that New Zealand will be hosting the Pacific International Open, in Christchurch in 2024!

The following categories will be offered:

- FISAF International Sport Aerobics Individuals
- FISAF International Sport Aerobics Pairs
- FISAF International Sport Aerobics Trios
- FISAF International Fitness; Petite and Grande
- NZCAF Sports Aerobics Individuals U12, U14, U16, U19, 19+
- NZCAF Sports Aerobics Teams, U12, U14, U16, U19

Australian National Stream athletes are welcome to enter the NZCAF categories. Information will be uploaded to the dedicated event website as it becomes available. Head to <https://fisafpacificopen.com/> or click on the poster below.

Click Here →



FAREWELL

We'd like to thank you everyone in our FISAF Australia community, again for your ongoing support and involvement throughout yet another wonderful season of sport aerobics.

Our office will be close on Thursday 14th December and fully re-open on Monday 22th January 2024. Please know that our staff will not be able to respond to enquiries during this break, however we are looking forward to working with you again once we are back in the office.

We hope that everyone enjoys a bit of downtime to relax and reset after the busy year that it has been.

Take care, and see you in the new year!

Merry Christmas!

Wishing you and your family a safe, relaxing and fun holiday break.

See you next year,

The FISAF Australia Team xx



FISAF
AUSTRALIA
SPORT AEROBICS

FOLLOW US!

