

FISAF AUSTRALIA

QUARTERLY

ISSUE 1, 2023

WELCOME

Welcome to the 2023 FISAF Australia competition season!

We are so excited about our very first event happening next weekend in Coffs Harbour, and look forward to seeing many familiar (and new!) faces as the season rolls on.



WHAT'S IN THIS ISSUE

In this issue you will find information about the Super Series events coming up, as well as updates on sport development activities, and what is happening internationally. We also profile a very special person in the FISAF community, and have included some other helpful information to assist with preparing for the season ahead.

We are in the midst of competition entries coming in for the Super Series events, and Coffs Harbour and Rowville information is now available - please visit our [website](#) or click on the direct links below. We have also released Visitor Guides for Gladstone, and the Pacific International Open to help you and your families plan your trips.

LATEST NEWS

2023 SUPER SERIES IS KICKING OFF!

Super Series events are the first on our event calendar each year as they provide athletes with an opportunity to perform their routine for the first time on stage and receive feedback from our judges prior to our State Championship events.

Coffs Harbour, NSW

29th - 30th April

- [Program](#)
- [Event Information](#)

Rowville, VIC

6th May

- [Program](#)
- [Event Information](#)

Hyde Park, SA

20th May

- [Program](#)
- [Event Information](#)

Broadmeadow, NSW

26th - 27th May

- *Information coming soon!*

Gladstone, QLD

3th June

- [Visitor Guide](#)
- *Information coming soon!*

Crestmead, QLD

9th - 11th June

- *Information coming soon!*

SUPER SERIES
RECEIVE FEEDBACK FROM THE JUDGING PANEL BEFORE STATES

COFFS HARBOUR, NSW	- 29 - 30 MAY
ROWVILLE, VIC	- 6 MAY
HYDE PARK, SA	- 20 MAY
BROADMEADOW, NSW	- 26 - 27 MAY
GLADSTONE, QLD	- 3 JUNE
CRESTMEAD, QLD	- 9 - 11 JUNE

MORE INFORMATION:
WWW.FISAF AUSTRALIA.COM.AU

After competition entries are received, detailed event information will be released. This will be published on our website under Spectator Information so be sure to keep an eye out!

LATEST NEWS

BRAND NEW EVENT IN 2023!

PACIFIC INTERNATIONAL OPEN

17th - 18th June

– [Visitor Guide](#)

This new event in our competition calendar is an opportunity for International Stream athletes from any FISAF affiliated country, to come together and compete against each other ahead of the World Championships!

Alongside our International Stream, the event this year will welcome athletes from other competition streams including National, Elementary and School Stream.



EXCLUSIVE WORKSHOP

19th June

Special shout out to all International and National Stream Coaches & Athletes!

You are invited to come along to a brand-new workshop focussing exclusively on SKILLS & DRILLS!

Extend your stay in Melbourne, by a day to make sure you don't miss out!!!



SPORT DEVELOPMENT



It's been a busy few months for Sport Development and we are very excited about new things that are coming into fruition!

We are continuing to receive new requests for assistance from schools wanting to get involved in FISAF Sport Aerobics and we are working with them on making this happen.

We have been discussing different options available with them before establishing a plan of action. Our support is always tailored to each school's specific needs and includes assistance/advice with:

- Come & Try/ Team Selection sessions
- Communication with parents
- Sample template documents
- Financial assistance with materials
- Costume design and sourcing shoes, socks, etc.
- Navigating their first event.

Following our development trip to Victoria in November, we have welcomed a number of new schools to FISAF and are now assisting them with their co-curricular programs, HPE curriculum units and vacation care programs!

Development of new education units is underway with the first one on FISAF Judging set for release in May. It will be especially helpful to new/junior coaches who wish to better their understanding of the different judge roles, what they look for, and how the ranking system works.

We have also continued looking at process/system improvements that relates to how we can better support our members, clubs and schools, as well as how we can improve our events, and administration processes and communication. Our aim is to lead the way as our community continues to grow.

"Starting up a sport aerobics program has been such a simple process. Support from FISAF is always readily available and the personalised help for try-outs, routines and feedback has been great, Information booklets, videos, templates were very beneficial and took a lot of the grunt work out of coordinating a new program. The process has given me peace of mind so I can just enjoy coaching and watching the students get fit and have heaps of fun!"

*Mrs. Ray Briskey - Coordinator & Lead Coach
Mt Cotton State School, QLD*

INTERNATIONAL NEWS



The FISAF International Sport Aerobics & Fitness Committee recently released some important information for country judges who are interested in being part of the European and World Championship events this year.

JUDGE NOMINATIONS

EUROPEAN & WORLD CHAMPIONSHIPS

Judges from all country-members are invited to nominate to be part of the FISAF International panels this season. To do so, please complete the form [HERE](#).

Please understand that nominations are assessed and not guaranteed placement on the panels.

JUDGES WORKSHOP

TECHNICAL REGULATIONS UNPACKED

FISAF International is hosting a Judges Workshop which will take participants through the recently updated technical regulations, and workshop new interpretations of the rules.

This is a compulsory workshop for all International judges. National judges are invited to attend also to gain insight for being part of their national judging panels.

Date/Time: 23 April 2023 - 5:00PM (AEST).



If you would like more information about International matters, please email Lucy Goddard who is our FISAF Australia International Representative at lucy@fisafaaustralia.com.

OFFICIALS UPDATE



Judge Appreciation Presentations at the 2022 National Championships

It's been a great start to 2023 with all judges participating in an online judging course freshly designed for both new and existing FISAF Australia judges.

Having completed the course, and their take-home exams, our judges will have their accreditation updated, so they are ready to move into the new season.

Four new judges have signed up to become accredited and join the judging team this year, which is fantastic. They will begin shadow-judging at the Super Series events, under the guidance of our Head Judges, before completing the accreditation process. A very big welcome and best wishes to those four individuals!

Tracey Speville has taken on the new role of Officials & Committees Manager which among other things, involves co-ordinating the judges, and chairing our Technical and Executive Committees.

Tracey is leading the way in putting new processes in place to assist judges and coaches with their training, education and feedback throughout the year.

Together with Tracey, we are developing new resources for coaches and clubs that will be available at different times throughout the year.

Tracey can be contacted by email at officials@fisafaustalia.com.au.

GUEST SPOTLIGHT

At the 2023 National Championships we awarded a very special person our annual "Community Contribution Award". Following on from this we are delighted to share some background on this individual in this first issue for the year!

GEMMA MACMILLAN

Gemma is a FISAF Australia Head Judge, a FISAF International Judge, and a member of the FISAF Australia Technical Committee. She is also an integral part of the development of our Pre-Choreographed packages each year that School and Elementary Stream athletes use.

Gemma began dancing when she was 3 years old, and by 8 she was accepted into the Queensland Ballet Academy. At 11 Gemma joined her school sport aerobics team, and shortly after joined her local sport aerobics club, Club PJs (now called Industrie 1) whom she competed with for many years. At the peak of her athletic career, Gemma competed at the FISAF World Championships in 2002 with her Trio to place 3rd!

Gemma is now a staff member of Industrie 1 and is responsible for the coordination and administration of their school programs.

According to Gemma it is the positive energy that surrounds the sport that she loves the most. The athleticism, the performance, the determination, and the fact that staff, coaches, judges and athletes are all happy for each other and remain friends outside of the sport, is a very special quality in this community.



It would be hard to find many people that help out in our sport more than Gemma, however she says that she loves that everyone is willing to help out, and that it is a very supportive environment, no matter what club you are affiliated with.

Gemma's daughter Haylee is following in her footsteps, as a talented athlete, and 2023 Club Captain at Industrie 1. Haylee hopes to one day make it to the World Championship event just like her mum.

We are grateful for everything that Gemma contributes to our community and look forward to working with her for many years to come.

BE SEASON READY!

FISAF Australia is proudly supported by Australian-owned Hart Sport, who continue to offer all of our members 10% all online purchases of their exceptional quality products.

See details below to order now!

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From all of us here at FISAF Australia, we wish everyone a energetic, fun and safe season ahead.

Let's do this!



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