

FISAF AUSTRALIA QUARTERLY

ISSUE 2 | JANUARY - MARCH 2020

FISAF
AUSTRALIA



HAPPY NEW YEAR!

We hope you all had a relaxing break over Christmas, and are settling into the new year smoothly.

Firstly we would like to say that our hearts go out to those who have been affected by the fires and other damaging weather conditions over the last few months. The tireless efforts of our emergency services workers and volunteers is admirable, as is the generosity shown by everyone who has donated towards helping those affected.

On a brighter note, 2020 FISAF competition season is upon us and it promises to be a big one!

In this edition of the FISAF Quarterly, you'll find information on important dates coming up, initiatives we have to help you prepare for competitions, and extra information about Nationals! Happy reading!

LATEST NEWS

FISAF VETERAN AWARDED ORDER OF AUSTRALIA MEDAL

Former FISAF Australia golden girl, Sue Stanley, has been awarded a coveted Order of Australia Medal (OAM) at this year's Australia Day ceremony.

Throughout her multi-sport career in the 90's, her involvement in FISAF saw her amass multiple Australian and International titles.

A truly gifted and dedicated athlete, Sue also represented Australia at the Olympic Games in gymnastics and water-skiing, and also won the 2000 World Fitness Championships. She has received a slew of other awards, and is also proudly honoured in The Australia Sport Hall of Fame.

After retiring from her stunning career in competition sports, Sue then turned her focus to helping others.

She now heads a successful fitness and wellbeing company. She has an online fitness program, runs health retreats, and is a motivational speaker to assist women live their best lives.



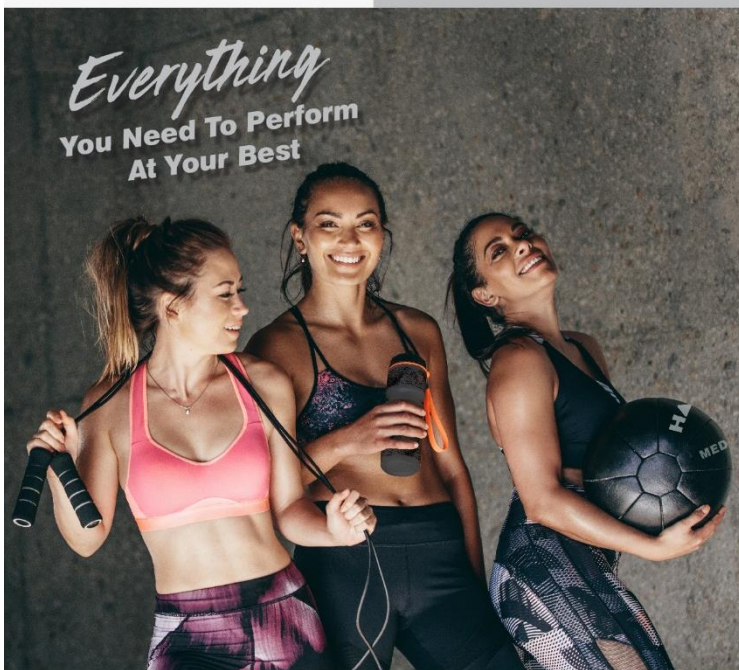
Sue Stanley, OAM

As part of giving back to the community, Sue has decided to give away \$1,000,000 worth of online fitness challenges. To register for FREE go to <https://suestanley.com/12-week-challenge/>.

We feel honoured to have had Sue part of the FISAF community, and wish her the very best as she continues to excel.

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IN OTHER NEWS

STAFF SPOTLIGHT

Jade – FISAF Administration & Event Manager

Many of you may know Jade quite well, and have no doubt exchanged emails or phone calls and been with her at our competitions. However with so many new athletes joining FISAF in 2020 we wanted to spotlight her role, and explain the many ways that Jade can help you throughout the season.

Jade is trained in event management, and is quite possibly the most organised person on the planet! She is responsible for administering memberships and entries, managing documentation and the website, and is the first point of contact for FISAF Australia via phone and email. In addition to this very busy part of her role, Jade is also responsible for all event preparation, judges, travel arrangements, and most importantly managing each competition so that they run in the most professional, efficient, and exciting way possible!

If you haven't met Jade in person yet, please keep an eye out for her at the competitions and be sure to say hello!



Jade Moore
admin@fisafaustalia.com.au
T: 07 3823 6705

GET THE MOST OUT OF OUR MEMBER SERVICES

FISAF Australia provides a wide range of support to clubs, schools, and the whole sport aerobics community.

We are here to help, so please reach out to us for support via the following email addresses:

- Admin (entries/memberships/competitions, payments etc) - admin@fisafaustalia.com.au
- Sport development, news, marketing, sponsorship – natalie@fisafaustalia.com.au
- Schools development (school programs, advice) – schools@fisafaustalia.com.au
- Judges (advice, feedback, questions) – judges@fisafaustalia.com.au
- World Championships – worlds@fisafaustalia.com.au
- Advisory Panel (Requests to Compete, questions and concerns) – advisorypanel@fisafaustalia.com.au

PRE-CHOREOGRAPHED PACKAGES

Get in quick to order your pre-choreographed package to maximise your training time.

Simply visit our [online shop](#) to purchase yours.

MEMBERSHIPS

Memberships are available online via our new membership system. All memberships must be finalised by participating club athletes and schools to enable them to compete at the first competition.

Please note: Club owners/coaches – please remember that you must register your club first to enable your athletes to select it in the drop-down list in the system.

MARK YOUR DIARIES!

Please refer to our [2020 Events Calendar](#) and be sure to mark in your diary the important dates for when entries, music and FRF's fall due.

2020 NATIONAL CHAMPIONSHIPS

Thursday 6 August - Sunday 9 August | Chandler Theatre, Brisbane

ACCOMMODATION

We are delighted to work with Quest Hotels again this year who are offering Nationals visitors exclusive discounts.

If you like to book early (without having to pay a deposit straight away), simply click on the hotel links below or call them (Discount Code "FISAF")



[Book QUEST Eight Mile Plains](#)

Tel: 07 3736 2800

[Book QUEST South Brisbane](#)

Tel: 07 3007 8988

OTHER EXCITING NATIONALS INFORMATION

Merchandise – Our ever popular merchandise will no doubt fly out the door again! This year we'll have even more of the famous hoodies available, as well as other very popular items – all in **fresh new colours!**

Capezio tights will be available to purchase for last minute emergencies, and a range of products from our Official Sponsor HART Sport will be in stock (including strapping tape!).

Restaurant/café discounts – All visitors will have access to special discounts with restaurants and cafes near each Quest hotel we work with in and around Brisbane. Visitors staying at Quest will also be able to "charge-back" restaurant bills to their hotel account at a variety of restaurants.

Sightseeing – If you like to pack as much into your trip to Nationals as possible, we have organised some special online discounts for you all. Be sure to use the discount code when booking!



10% off ("FISAF2020")



25% off ("FISAF")



20% off ("FISAF")

IMPORTANT DATES TO NOTE

30 MAR

Coffs Super Series entries due, and FRF's due 3 April

06 APR

VIC Super Series entries due, and FRF's due 9 April

14 APR

Newcastle Super Series entries due, and FRF's due 17 April

23/24 APR

FISAF is exhibiting at the **ACHPER (SA) conference** to showcase our sport to school HPE teachers

28 APR

GC Super Series entries due, and FRF's due 1 May

28 APR

SA Super Series entries due, and FRF's due 1 May

LET'S GET THIS SEASON STARTED!

As you can tell, we are so excited for the 2020 season to get underway!

We wish everyone the best in their competition preparation, keep training hard!

The FISAF Australia Team

